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March/April 2019



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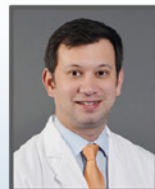
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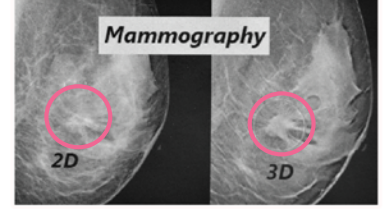
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**Recipient of the January 2017 Mayor Small Business Award  
 Finalist 2016 Folio: Eddie & Ozzie Awards**

**On the Cover:**

A portion of a mural inside the Prince Charles in downtown Fayetteville.  
 Photo by Matthew Wonderly

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# EDITOR'S CORNER

Photo by Matthew Wonderly



Welcome to our Women's Issue, where you'll meet, read about and hear from lots of interesting, accomplished and determined women who are making positive differences in Fayetteville and the surrounding area.

I'll call them Steel... Camellias, in honor of the beautiful and resilient flowering shrub that's also highlighted in these pages. Freezing weather killed the blooms on many camellia bushes this year but guess what? Once temperatures rose, more blooms burst forth. Strong camellias keep on going just the way strong women do.

You may notice the absence in these pages of one of our regular columns – that of publisher Marshall Waren. He took a break for the Women's Issue but will be back for our Dogwood Issue. We're not heartless, though – or anti-man; you can still get your Bill McFadyen fix in these pages.

Read on. I hope you enjoy.

Catherine

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# \$75 a Month

BY BILL MCFADYEN

**T**here is no arguing that it was indeed a very cool condo. Eighth floor, facing west toward Molokai and the sunset, and looking down on a coral reef below the surface a hundred yards off the beach.

But then, everything on Maui bordered on beautiful. Still, \$900 a month in 1984 was big rent. The only way to mathematically tackle it on the wages made by this busboy/prep cook was through division. Nine hundred dollars divided by four people was much more manageable. As I climbed the restaurant's hierarchical ladder toward waiting tables and tending bar, I was able to divide by three and finally by two. Still, there were permanent stripes left on my shoulders from paying rent. When I returned to Fayetteville in 1985, I was determined to be able to designate a higher percentage of my earnings to things not associated with my leasing commitments.

I began the quest for affordable housing in September 1985. In November, I happened upon my old basketball coach, Big Al Prewitt. He had a vacant house on the compound across from the eighth fairway of Cypress Lakes golf course where he kept his horses and where many a high school bonfire had burned on weekends in the '70s. It was the house at the bottom of the hill always known as The Shack. It required only a small percentage of my Davidson education to deduce that anything named "The Shack" was likely to be economical. In what turned out to be one of my life's finest negotiations, I was able to beat Big Al down 25 percent off his initial asking price. I moved in under a handshake month-to-month contract at \$75 per month. It so endured for about 24 months.

The Shack had everything a young bachelor needed. Electricity, though the fuse box looked like it would broadcast "The Shadow" at night. Indoor plumbing replete with warmish water. A refrigerator made popular in "The Honeymooners." A roof. Two doors. Windows in the main room. There was a central HVAC system, but it was a Hobo – meaning it worked only occasionally. The window unit was more reliable. The Blackbart wood heater was suitable for winter in the Yukon, thus in a typical North Carolina January, you used the Blackbart and ran the window unit at the same time. The bedroom had no windows, so when you closed the door to sleep, there was darkness like in the bowels of a cave. Clocks required either batteries for which one had to pay or reliable electricity. Having neither, the best way for me to tell if it was morning was to lean out of the bed and look at the back wall three cypress boards over, where there was a slight gap that revealed sunlight once day had dawned.

The neighbors were fantastic. My pre-school childhood pal Tom Prewitt (son of the Landlord) lived in the Rankin House up the hill. He roomed with Tom Hollinshed, who had grown up a year before and a block away from me in Vanstony Hills. David Drake, a chum from high school, lived in The Log Cabin on top of the hill. We took hippie baths outside in lounge chairs to take pressure off the septic drain fields. Tom Prewitt had a black lab named Bear that would fetch cold cans out of the refrigerator. We knew the words to every Jimmy Buffet song and proved it almost nightly. We had a pet armadillo for about three days that David imported from Texas via his carry-on luggage. (It did not thrive.) Marlene Floyd, the prettiest

professional golfer in the history of the LPGA, once drove into my driveway with Sawyer, the runaway bird dog puppy, standing with his front paws on the dashboard of her Cadillac.

Looking back on it, had Big Al stood firm on his initial demand of \$100 a month, it would have still been worth it.

Two years later, famous Fayetteville farrier Russell Hill told me of a vacancy in the main house of the Renfrow Farm on River Road. I engaged Dr. Raymond Renfrow in a test of wills over the price he would demand for this dwelling, which rested in the forefront of his 160-acre country get-away. Dr. Renfrow was a tougher negotiator than Big Al had been. He stood firm on his price, even inviting me to move along after my attempt to beat him down a bit. I shook hands with him on a month-to-month arrangement at the now-familiar price of \$75 per month. That arrangement also subsequently endured for 24 months.

The Renfrow place was bigger than The Shack. There were three window units and a wood stove. House plants were unnecessary, as the vines grew in through the window seals. Breakfast at Renfrow's was a healthier meal than it had been in The Shack because the slant in this kitchen floor meant that all the bacon grease naturally ran to one corner of the frying pan. Less hydrogenated fats in the scrambled eggs, therefore. Once moved in, my mother came out to cozy up the house. I surmised that she had eaten some bad chicken for lunch that day because she did not stay long, and she did not look well at all when she got in her car to leave. Apparently, the memory of that food poisoning stayed with her because I don't think she visited even once in those subsequent two years.



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*Cape Fear Valley Health*



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I loved my time on The Renfrow Farm, but it did prove slightly more hazardous than Cypress Lakes Road. One night, Bill Wiggs and I drag-raced using his Blazer in the driveway and me paralleling him in the hay field, a hedgerow between us. Watching him instead of the field in front of me, I ran my Ford F-150 up on a round bale of hay, nearly turning over, but stubbornly pressing the gas pedal to the floor to remain competitive. The hay bale eventually rolled itself out flat, putting me back on four tires, but Wiggs won the race. Stuart Williams left a healthy meniscus in a deep ditch riding a horse one night. Chester, one of my Australian Shepherds, lost an eye to a horse kick. Then Maggie, his step-sister, lost the same eye to an infection. I was going to train them to pull a small wagon for kiddie rides, but they always kept veering to the left.

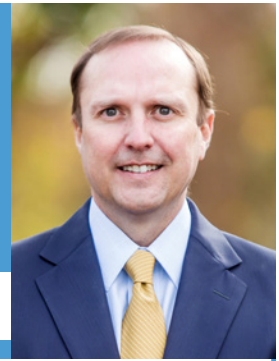
Russell eventually moved into the house on the other side of the horse barn, which was not nearly as nice as mine. We had to first figure how to get the snake out of his toilet, as it was shocking to lift the lid and find him uncoiling back into the septic tank.

In 1991, I bought a real house with a real mortgage and home owner's insurance and HVAC and level floors in the kitchen. I moved in the prettiest, craftiest girl you ever saw in 1995. She and I are a couple of years away from having raised three kids, nine dogs, six cats and one hamster in that house. If I had to choose between the four places mentioned herein, I would take the real house and all that came with it, but probably because of those very things that came with it.

Still, if any of those three children-turned-self-sufficient-adults ever come to me for housing advice, I will tell them to never underestimate what you can get for \$75 a month. 

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- MBA from University of South Carolina; Valedictorian
- Juris Doctor from University of South Carolina
- Master of Laws in Taxation from University of Florida – Levin College of Law



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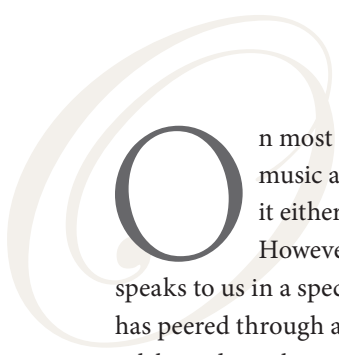
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# “God is within her, she will not fail”

BY DR. KIMBERLY HARDY



**O**n most days of the week people experience music as an artistic expression and use it either for entertainment or ambience. However, there are moments when a song speaks to us in a special way – almost as if the songwriter has peered through a window and watched as we either celebrated new love, grieved a loss or faced down self-doubt. In those moments, I believe that music becomes for us a soundtrack of our lives. As we experience a mood or emotion, we gravitate toward a particular genre of music to help draw out the pain or ignite the joy.

In the Black Church tradition, music is such a significant part of the worship experience that the choir directors are almost as important as the preachers themselves. The rise and fall of the sermon is punctuated by an increasing crescendo of organ chords, folks in the pews keep the song going even after the choir is done until the music starts back up, and who can truly catch the Holy Ghost without the fierce beat of the drums and tambourine? From plantations to congregations, truly it has been gospel music, spirituals and hymns that have been among the most significant aspects of the faith lives of African-Americans.

Music is no less significant in the lives of other religious traditions. The Muslim call to prayer is done through song and contemporary Christian is as robust a musical genre as pop music. Yet even during biblical times music was vitally important for telling stories and delivering messages of hope, pain and joy as evidenced by the 150 Psalms in the Bible. As I contemplated what message I wanted to share with my fellow sisters of faith for this Women’s Issue of *CityView*, all I could hear in my head was Psalm 46:5: “God is within her, she will not fail.”

Although that is among my most favorite verses in the

Bible, I did not initially realize that I was being drawn to it for this column because I was hearing the message of strength and empowerment through a few other songs I found myself playing on heavy rotation. “Run the World” by Beyoncé and “Scars to Your Beautiful” by Alessia Cara have been my go-to songs for the past several weeks. Yet I never made the connection between these songs and Psalm 45, instead seeing them instead as unrelated. Secular music and the Bible don’t go together, right?

Beyoncé’s girl-power anthem may seem an unlikely source of inspiration for a column about faith but it is actually a song that celebrates the strength and power of women around the world. Everyone from Malala Yousafzai, the Pakistani activist fighting for girls’ education and the youngest-ever Nobel Prize laureate, to Nancy Pelosi, who now holds the distinction of being both the first woman to serve as Speaker of the House of Representatives (now for the second time) and the highest-ranking elected woman in United States history. In the song, Beyoncé proclaims that “my persuasion can build a nation” and she honors women as “smart enough to make these millions, strong enough to bear the children, then get back to business.”

Alessia Cara’s song “Scars to Your Beautiful” is about the torture that girls and women subject themselves to – starvation and cosmetic surgery – in the name of trying to be perfect and beautiful because they are not able to see how beautiful they already are, inside and out. Her song tells these women “there’s a hope that’s waiting for you in the dark, you should know you’re beautiful just the way you are, and you don’t have to change a thing, the world could change its heart. No scars to your beautiful, we’re stars and we’re beautiful.”

As I listened to these songs and started thinking

about the message I wanted to share, I kept coming back to the message of empowering women who face the type of daily assaults that led to the #MeToo movement, whose presence in hallowed halls is a force to be reckoned with because of the record number of women just elected to Congress, who struggle to make ends meet because of unfair practices that deny women equal pay for equal work, who no longer question their beauty because they have curvy hips and big lips, who are fighting oppressive and arcane tropes that keep girls from getting an education ... For the woman reading this who worries about whether she is a good mother, who strives to achieve the elusive work/life balance, who wants to start that business or go back to school or leave an abusive relationship or start a new one after being hurt in the past, know that God is within you so you will not fail.

Call upon the strength of the women who came before you as well as the support of the women who stand beside you and remember that it is written in His Word that you will not fail. Play the song of Psalm 46:5 every time fear, self-doubt and naysayers try to defeat you and try to make you give up on your dreams. Be resilient and courageous knowing that “though the earth should change and though the mountains be shaken into the midst of the seas, though its waters roar and foam, though the mountains tremble ... God is within her, she will not fail.” <sup>EV</sup>

*Dr. Kimberly Hardy is an assistant professor in the School of Social Work at Fayetteville State University. Her research focuses on the intersection of social work and faith with a particular emphasis on African-Americans and the institution of the Black Church in both a historical and contemporary context.*

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## Eclectic charmer in Haymount

BY CATHERINE PRITCHARD | PHOTOGRAPHY BY MATTHEW WONDERLY

Not everyone would think to decorate their dining room with an arrangement of antique fans, a rack of colorful patchwork quilts and a huge Lego model of the Death Star as a table centerpiece.

Not everyone is Torie Quismundo.

The Fayetteville resident has a taste for the eclectic, a flair for design, a talent with hammer and saw, and a fearless confidence when it comes to trying out ideas. The result is a charming, welcoming home where Quismundo lives with her son and their dog and where friends and neighbors love to gather.

The Haymount home looks very different today both inside and out than it did four years ago when Quismundo bought it.

At that time, it was unremarkable to look at from the street and had nothing but some grass and an old shed out back.

Inside, there was good flow through most of the interior, though the den at the back of the house was dark, with only three small high windows providing outside light. The only access from the house to the back yard was through the laundry room.

Quismundo, a computer professor at Fayetteville Technical Community College, knew she could find ways to make the house better. A native of West Virginia, she grew up on a farm where she and her family routinely did home and property maintenance, repairs and small construction projects.

“It was always, if you’re going to make something, you

just pick up a saw and do it," she said.

With that mindset, she and her son moved in and she set to work making changes.

Over time, the once-drab front exterior and yard was transformed with paint, landscaping, fencing and a new driveway and walkway.

The changes to the once-barren back yard are even more dramatic. Quismundo built a large deck, much of it on her own, and had French doors put into the den to provide light and access. The old shed has been turned into a kind of kid paradise, with seating on its roof, a raised walkway and a concrete pad with a fire pit. A tall fence – unusual in that its slats are horizontal, not vertical – surrounds the back yard. Quismundo built it herself, starting with lumber left over from the deck, then buying more as it was needed.

"I just figure things like that out," she said. She does hire people sometimes to do big projects and had help from her father and a part-time worker on the deck. She also consults experts and watches tutorials on YouTube.

She said she always gets building permits for any construction project, from the fence to the shed to the deck. So building inspectors have reviewed everything. "It's all legit," she said.

Inside, the house is mostly unchanged from an overall structural standpoint, except for the French doors at the back and a large doorway created between a once-isolated front room and the kitchen.

But it's very different in other ways. Once as drab as the exterior, the interior is now a visual treat. Rooms are painted in a variety of complementary colors, from pumpkin to pistachio, and there are some unusual and eye-catching furnishings

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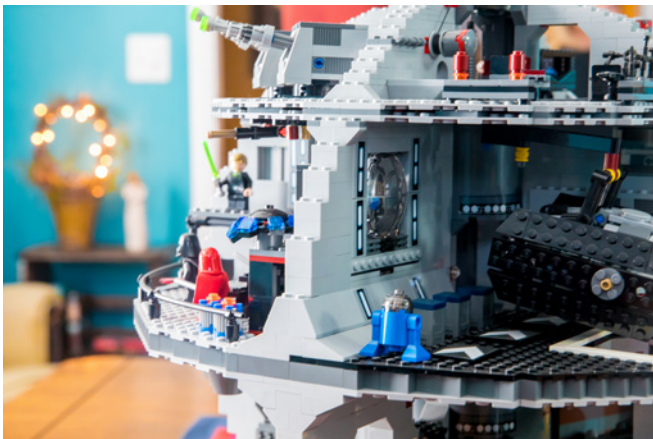
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and accent pieces that help create a harmonious overall picture.

Take the dining room. Despite the antique fans, the quilts and the Death Star, the first thing you'd probably notice about the space are its colors – vivid turquoise walls, royal blue curtains and the mustard color that Quismundo painted the sideboard. Other colors and shapes pop here and there, including two green wreaths, one bordered by a white frame on the turquoise wall; the vivid green leaves and red bloom of a tropical plant; a gilt-framed mirror; and a large bright floral print in a frame.

Once accessible only from a door off the hall, the room

was a hardly used living room when Quismundo moved in. She later had a large doorway put in to connect the room to the kitchen and she converted it to a dining room. These days, along with the deck, it's the most popular place for visitors to gather.

Quismundo said the former dining room was too small to accommodate dinner parties. It's now a cozy sitting area, with pumpkin-colored walls, and full of family photos in frames and books. On one wall hangs a large framed quotation by Abraham Lincoln: I have been many times driven to my knees by the overwhelming conviction that I had nowhere else to go.

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The house is filled with personal choices and personal touches. Lots of things came from “junk” shops and offbeat sources, including the antique fans, the vintage tabletop wood-and-peg pinball game in her den, and the lighting fixtures made of wires and pipes that convey the industrial aesthetic known as steampunk.


“I can’t pass a junk shop without going in,” Quismundo said with a laugh.

Some things are in unusual places that nonetheless seem perfect in this house, like the turntable in a small suitcase in the kitchen – it gets plenty of use – and the hammer head that hangs upside down over the kitchen sink, acting as a hook for an enclosed glass planter. Nearby, a (fake) white mouse that was a gift sits on a wine bottle mounted on the wall.

Her 13-year-old son, who loves science, science fiction and video games, has a bedroom befitting his interests. One wall is covered by a huge poster of an astronaut walking on the moon. While the Death Star he made is in the dining room, other Star Wars items are neatly displayed on shelves. A map of the United States is attached to one wall and bedecked with pins showing places that he has traveled with his mom.

Out back, the deck contains umbrella-topped tables, comfortable chairs and arty odds and ends. Quismundo sometimes works out there on her computer, accompanied by her black Labrador, Iris. At night, the deck is festively lit with fairy lights.

Quismundo said the house is a work in progress, with projects getting done as she has time and money and as new ideas strike her.

“If something doesn’t work,” she said, “I just change it again.” 



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FOOD

# Tasty Offerings from Local Cooks – Mmm...



Many of us have our own go-to recipes to prepare dishes for different events and times.

But what if you want a change?

Try someone else's favorite recipes. Below, you'll find offerings from local women who are known for the delicious food they serve. Let us know if you try any out or if you want to share your own recipes – or suggest someone else's.

Happy eating!

Sisters Nikki Sessoms and DeeDee Dalrymple grew up in Fayetteville in a large family where Dalrymple says family, food and hospitality were a part of everyday life. Both sisters are well-known for their own cooking and entertaining skills and Dalrymple, who now lives in Charlotte, has written a book called "Effortless Entertaining."

Sessoms, who still lives in Fayetteville, has a winner in her recipe for halibut with basil butter. She said it goes great with Dalrymple's cast-iron jalapeño cornbread.

#### Cast Iron Jalapeño Cornbread

- 2 eggs, whisked
- 7 oz. jalapeño pimento cheese
- 1 T. grated onion
- 1 8.5-oz. box Jiffy Corn Muffin Mix
- 1 11-oz. can yellow sweet corn, drained

Prepare iron skillet with cooking spray

Combine all ingredients. Pour into pan. Bake at 350 F for 20-25 minutes until golden brown.



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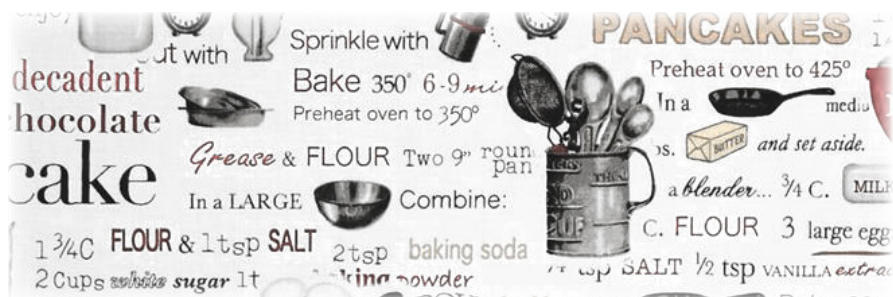
### Halibut with Basil Butter

- 15 basil leaves
- 3 garlic cloves, peeled and grated
- ¼ t. cayenne pepper
- 1 stick salted butter
- 2 T. lemon juice
- 4 tin foil squares for pouches
- 4 halibut fillets
- basil butter
- 8 tomato slices
- 4 lemon slices
- paprika, salt and pepper



**Basil butter:** In a food processor, put basil leaves, garlic, cayenne pepper and butter. Add lemon juice to taste. Process and divide among four pieces of halibut, as indicated below.

**Halibut:** Place each fillet in separate tin foil pieces. Place two slices of tomato and one slice of lemon on each. Top with ¼ mixture of basil butter. Close pouch and grill about 10-20 minutes or until done. You can also place the pouches on a baking sheet and bake in the oven at 350 F for 20 minutes or until done.



Sarah Moorman loves to cook and entertain and doesn't bat an eye at the thought of preparing a meal for 35 – or more. No one goes away hungry.

So she's always ready to think big. She said her chicken tetrazzini is great for a crowd. Her hot cheese squares are a delicious appetizer. And chocolate chess pie is never a bad choice for dessert. Moorman said she always makes three of the pies at a time because they freeze well and are appropriate for any occasion. She suggests serving slices warm with vanilla, coffee or peppermint ice cream.

### Chocolate Chess Pies (makes 3)

- 2 ¾ c. brown sugar
- 1½ c. sugar
- 1 T. plain flour
- 3 pinches of salt
- 6 eggs
- 2/3 c. of milk
- 1 T. vanilla
- 3 sticks margarine
- 4½ oz. unsweetened chocolate

Mix the first seven ingredients (through 1 T. vanilla) with a handheld mixer. Beat until just combined.

Melt the margarine and unsweetened chocolate together and add to the first mixture. Beat until combined.

Pour into 3 pie shells and bake at 325 for 35-40 minutes.





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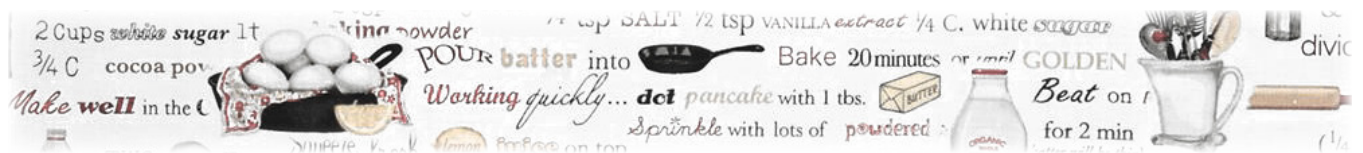


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### Hot Cheese Squares

16 oz. Pepper Jack cheese (or mix of Colby and Monterey), shredded  
16 oz. sharp cheddar cheese, shredded  
1 (5 oz.) can evaporated milk  
1 T. all-purpose flour  
1 t. salt  
1 t. pepper  
4 eggs, beaten  
1 (4 oz.) can green chilies

Mix cheeses and spread in 9 x 13-inch baking dish. Combine milk, flour, salt and pepper and mix until smooth. Add eggs and mix well. Stir in green chilies. Pour over cheese. Bake at 350 for 45 minutes or until brown. Cool slightly and cut into squares.



### Chicken Tetrazzini

4 c. chopped chicken  
8 oz. spaghetti noodles  
½ c. butter  
1 large onion, chopped  
½ c. flour  
2 c. half and half  
6 oz. canned mushrooms  
1 small jar pimentos  
1 qt. chicken broth  
½ t. salt  
½ t. garlic powder  
1 lb. grated cheddar cheese

Cook spaghetti in broth until juice is absorbed. Melt butter, add pimentos and onion. Cook until tender, then add mushrooms. Sprinkle flour over and stir well. Add half and half and stir in ¾ of cheese and seasonings. Stir until cheese melts. Combine all ingredients and bake at 350 for 20-30 minutes in lightly greased 9 x 13-inch baking dish. Sprinkle remaining cheese over top before baking.



# Susan K. Hill

## Estate Planning & Business Law Attorney

**Susan K. Hill** joins the Hutchens Law Firm team as an Estate Planning & Business Law attorney. She holds a Master of Laws in Taxation (LL.M.), which allows her to assist clients with complex estate and business matters, such as IRA trusts and business succession planning.

She works with Estate Planning clients on tax and estate planning, wills, trusts, powers of attorney and healthcare planning, as well as estate administration and probate matters.

For Business Law clients, Susan files organization documents and annual reports, drafts operating agreements and minutes, and provides legal guidance for day-to-day operations as well as succession planning, including shareholders' agreements and trusts.

She will serve clients in Cumberland, New Hanover, Brunswick, and Pender counties.

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**A**my Santangelo draws on her Chinese heritage and food experiences from around the world in putting together dishes that her family and friends gobble up. Like the other two women offering recipes, she makes it look easy.

Santangelo said that while living in Hawaii, she tasted a delicious salad dressing created by noted Hawaiian chef Sam Choy. She obtained the recipe and it became an all-time favorite with her family. She said her oyster sauce chicken wings are simple Chinese comfort food that her mother used to make. And her “Manly Meatballs” are a hearty, full-flavored appetizer.

**Sam Choy’s Creamy Oriental Salad Dressing**

- 1½ c. mayo (I use Hellman’s light)
- ¼ c. soy sauce
- ¼ c. + 2 T. sugar
- 1/8 t. white pepper
- 1½ t. sesame oil
- 2 t. black sesame seeds



Whisk all ingredients together until well blended. If too thick, whisk in a few drops of water until desired consistency.

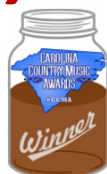
**Manly Meatballs**

- 2 French baguettes, sliced
- 1 lb. ground chuck
- ¼ c. soy sauce
- 1 t. brown sugar
- 3-4 green onions chopped

Preheat oven 450 F. Mix chuck, soy sauce, brown sugar and green onions and make into walnut sized meatballs. Press meatball onto baguettes. Bake 7-9 minutes.



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### Oyster Sauce Chicken Wings

2½ lb chicken wings  
8-10 large slices of ginger gently crushed but still holding shape  
1/3 c. sake  
1/3 c. dry white wine  
1/3 c. soy sauce  
1/3 c. water  
3 T. oyster sauce  
2-3 green onions, chopped, to be added at the end of cooking

In a large skillet with a little vegetable oil, dry-sear wings with ginger over high heat until lightly browned. Add remaining ingredients except green onions and simmer covered for 20 minutes, flipping wings halfway through. Uncover and cook until sauce is near dry and thickly coats wings. Toss in green onions the last 1-2 minutes of cooking. 



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## FEATURE

# Downtown: Old Street Enlivened by New Mural

BY CATHERINE PRITCHARD  
PHOTOGRAPHY BY  
MATTHEW WONDERLY

A huge, fantastical bird swoops down Old Street in downtown Fayetteville.

With a yellow sun behind, it flies over children who are laughing and dancing and playing a guitar and cuddling Scottie dogs and who are also captaining the long ship in which they are all sailing into the future.

It's all part of an exuberant and colorful mural that was recently painted on the Old Street side of the Capitol Encore Academy. Several weeks in the making by Raleigh artist Dare Coulter, the mural is 25 feet high and stretches 143 feet in length – about the size of a 14-story building on its side.

The mural, commissioned by the public charter school, has drawn praise for its vibrant beauty.

But it was also designed to inspire the school's students to do their best.

At the mural's dedication on January 25, Coulter said the mural aims to show children using knowledge and imagination to steer their own course in "a grand voyage of inspiration and exploration." The mural is officially titled Captain of Your Fate or, as in an extra-local hashtag used by Coulter, #CaptainOfYourFAYte.



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The poster has a black background with a large, stylized cassette tape graphic on the left. The cassette tape is labeled "Totally Awesome 80s Party Mix" and "A C93". Below the cassette, it says "SUPPORTING CHILDREN &amp; FAMILIES OF CUMBERLAND COUNTY ... LIKE, FOR SURE". On the right side, the text reads "THE SOIRÉE" in large white letters, with a logo of three stylized figures above it. Below that, it says "PARTNERSHIP FOR CHILDREN OF CUMBERLAND COUNTY". The event details are "Saturday, March 16" and "6:00 p.m. • Crown Arena". At the bottom, it lists activities: "Benefit Auction • Dance Competition • Costume Contest • And More!". A green banner at the bottom left contains the text "Follow us at f/ccpfc.org for event updates and ticket information." A pink banner at the bottom right contains the text "Tickets available at the Crown box office, capefeartix.com or ccpfc.org/soiree."

At the mural's dedication on January 25, Coulter said the mural aims to show children using knowledge and imagination to steer their own course in "a grand voyage of inspiration and exploration."

The 25-year-old artist says she is primarily a figurative ceramic sculptor but she also draws, paints and works in other media. She has a particular interest in murals and said that stems from her childhood when she watched an artist paint a large mural in the library at her elementary school.

"My mural passion was sowed in that week," she wrote on Facebook.

She painted her first permanent outdoor mural in 2017 on the back of the historic Boylan-Pearce building in Raleigh and last year was selected to create two more murals – one in Durham and the one in Fayetteville.

Work on the Fayetteville project began in late October of last year. Over the next two months, Coulter spent long days – and nights – preparing and painting a gigantic, detailed version of the picture she'd presented in her initial proposal to the school.

Coulter wanted the mural to reflect the school's focus on developing young artists while also stressing the importance of academic excellence and virtuous character. She used current students at the school for her models and said she tried to paint each "as beautifully as I could."

"I wanted to make sure that they saw themselves reflected in beauty and strength, as the captains of the ship," she said.

Coulter used the titles of books in the mural to connect the picture with Fayetteville and Fort Bragg, calling one "Lafayette's Visit" and another "Fort Bragg Stories."



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On the dedication day, many in the crowd wore jackets against chilly weather that didn't seem to faze the beaming Coulter, who was wearing a sleeveless dress. She exuded happiness and was congratulated, hugged and celebrated in return by local residents and officials.


At one edge of the mural, she left the aqua-and-white stripes that had covered the building's back wall for decades, since the Capitol department store was housed there. And she included several Scottie dogs in the mural, a nod to the Scottie who had been the store's mascot.

As Coulter worked, people often stopped by to visit and assess her progress. But Coulter usually worked alone, using an electric lift to reach high points and music to keep her spirit lively. To meet her schedule, she kept working when the temperature dropped well below freezing and even did a few all-nighters. She painted on Christmas Day. On the evening of December 26, she pronounced herself done.

"D eaten an elephant!!" she exulted the next day on Instagram. "So much gratitude, excitement, struggle, frustration, and joy experienced over the course of this process."

Especially, it seemed, gratitude, excitement and joy.

On the dedication day, many in the crowd wore jackets against chilly weather that didn't seem to faze the beaming Coulter, who was wearing a sleeveless dress. She exuded happiness and was congratulated, hugged and celebrated in return by local residents and officials.

Many said they hope to see more murals added to the public art that has become an increasing focus of downtown. 

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## Picturing Baseball in Fayetteville - Back in 1914

BY CATHERINE PRITCHARD | PHOTOGRAPHY BY MATTHEW WONDERLY

**A**s a brand-new mural is being celebrated in downtown Fayetteville, a 30-year-old mural that's been hidden away for years has come back to light.

Painted in the late 1980s, it's inside the former Prince Charles Hotel, which is being renovated into luxury apartments and commercial space for retailers and restaurants. The project is next to the baseball stadium being constructed for the Fayetteville Woodpeckers, a Minor League Baseball team affiliated with the Houston Astros.

Remarkably, the mural has a baseball theme. It portrays the exterior of a baseball stadium on the day that Babe Ruth hit his first home run as a professional player. As it happened, that was on March 7, 1914, during a spring training game in Fayetteville.

Seventy-five years later, artist Robert Britton imagined the scene outside the ballfield at the old Cape Fear Fair Grounds on Gillespie Street.

The large mural gives a glimpse of the game being played before a crowd inside a stadium and shows people outside, lining up to buy tickets or peek inside. Around a corner, a couple of young women in cloche hats, pictured on the cover of this magazine, stroll next to a circus poster. Behind them, in an understandable bit of artistic license, both the

Market House and the Prince Charles can be seen. (Built between 1923 and 1925, the Prince Charles wasn't around when Ruth hit that first professional homer.)


Jordan Jones, one of the principals in the group that is redeveloping the Prince Charles, said the partners didn't know of the mural's existence when they bought the property. When it was discovered, they appreciated its baseball theme, given the stadium being built next door. As such, he said, they'd like to preserve the mural if that's possible.

Jones said the commercial tenant expected to take that space may not want the mural. If not, he said, the owners will see if relocating the mural is feasible.

"We're working through it right now," he said.

Meanwhile, Jones is predicting the Prince Charles project will itself be a home run. The 59 apartments located there should be ready for tenants in April and pre-leasing is going well, he said.

The first floor will be home to The Coffee Scene coffee shop and two restaurants that haven't yet been announced. Another restaurant and beverage provider is planned on the first floor of the hotel's parking garage.

"It's going to be great," he said. 

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# CITYVIEW'S WOMEN IN BUSINESS



CityView is proud to introduce you here to some notable business women. Read on to learn about them and the services they can provide.



## Kathy Jensen

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For over 14 years An Affair to Remember has offered gorgeous gowns that are perfect for proms, pageants and any formal occasion. As the owner of Fayetteville's leading formal wear boutique, Kathy Jensen has truly embraced the motto "Let the beauty of what you love be what you do." Jensen believes in empowering every girl and every woman to feel beautiful, both inside and out. At its highly popular annual fashion show, An Affair to Remember features models of all ages, sizes, colors and backgrounds in beautiful formal wear. It's a dazzling and inspiring display of outward and inward beauty and a really fun time for participants and guests.

Kathy brings her forward thinking to her community as well as her business. The Fayetteville native has been honored to serve on the Fayetteville City Council for the past six years. During that time, she has served on many local boards and commissions focusing on everything from economic development to public safety to parks and recreation. She is active with the Fayetteville-Cumberland Youth Council and was appointed by the Governor to be on the board of the North Carolina Youth Council.

Kathy is committed to her city and her care and commitment to her neighbors and citizens of north Fayetteville are visible every day. Kathy appreciates the support she has received through her business and on city council. She welcomes the opportunity to use her knowledge to give back to her community and to the betterment of the city she calls home.



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During her 26 years of practice here in Cumberland County, Rebecca Britton has built a reputation as a compassionate attorney who fights for a fair and just result.

In 2010, she opened Britton Law, P.A., and her husband, John Britton, joined the firm in 2012, adding a business practice.

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*Top left to right: Tanja Shurling, Rebecca Britton  
Bottom left to right: Karen Kueny, Kelly Eckhardt, Elizabeth Owens*



**Malinda Craven**  
 BROKER ASSOCIATE

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Brenda Harris is the owner of Apple Crate Naturals, Fayetteville's only locally owned, independent natural foods market since 1997. Their core values focus around a passion to help individuals in the store as well as contributing to the well being of the community. They provide over 8,000 unique items ranging from organic foods, premier supplements, herbs and homeopathics, to essential oils, CBD products, and chemical free health and beauty products. Apple Crate Naturals is your first stop for gluten free, vegan and keto lifestyle choices.



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Nicohl Oliver purchased Epiphany Boutique last year because of her love of fashion, her desire to run her own business and her pleasure in helping customers find exactly what they want. The 13-year-old boutique specializes in trendy but classic clothing, jewelry and accessories for women. Oliver, a former banker and teacher who regularly shopped at the store before buying it, runs the business with her sister-in-law and daughter. She said the boutique's goal is to make each and every customer's shopping experience the best it can possibly be.



**Sherry Miller**  
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910.485.5004  
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www.cumberlandatty.com

Sherry Miller is a family law attorney who handles all aspects of divorce law including custody, child support, alimony and property division as well as adoptions and termination of parental rights. She has been practicing law in Cumberland County since 1995 and is one of the few attorneys in Fayetteville who is certified in collaborative law. If you are looking for competent legal representation and an attorney who has extensive courtroom experience, Sherry is the lawyer for you. She is personable and ethical. She will represent her clients with decorum and dignity. Passionate about theater and the arts, Sherry serves on the Board of the Cape Fear Regional Theatre and is involved with the Arts Council of Fayetteville/Cumberland County as her way of contributing to the community. She and her husband, Dr. Casey Dobson, have a 15-year-old son.



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**Jessica Lallier**

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Jessica Lallier discovered her passion for event design early on, always looking to decorate the family holiday table or throw a wedding shower for a friend.

That enthusiasm has carried over into Lallier Event Design, where she provides start-to-finish planning and coordination for any kind of event and party that you can think of, from wedding and baby showers to dinner parties and work events to holiday celebrations and more.

A Fayetteville native from a military family, Jessica has an eye for detail. She loves meeting new people and collaborating with others and aims to help her clients realize their vision with amazing and enjoyable events.



**Attorney Victoria Hardin**

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## BLOOMING BEAUTIFUL Camellias Flourish in Fayetteville

BY CRISSY NEVILLE | PHOTOGRAPHY BY MATTHEW WONDERLY

If it is true that the “Earth laughs in flowers,” then the camellia-laden South would surely leave Ralph Waldo Emerson in stitches. When considering the rich colors, showy blooms and long-flowering season of this beautiful, warm-climate shrub, all would cast the camellia as classic fodder for the funny bone, and much more.

The camellia is one of the South’s most iconic flowering plants, along with other classics such as azaleas, hydrangea, magnolia, dogwood and the rose. These botanical beauties can be found in gardens and yards throughout the southern states. Fayetteville’s love affair with the camellia is evident in both residential and commercial landscaping, punctuating parks, homesites, churches, highways and byways alike. A must-see collection is at the Cape Fear Botanical Garden.

The two-acre McLaurin Camellia Garden and other

sections of the botanical garden provide eye candy for camellia connoisseurs. The McLaurin, made up of some 300 camellias from 190 distinct species, is part of the American Camellia Trail of notable East Coast gardens. Most of the collection was donated in 1997 by Mary McLaurin of Bath and relocated to Fayetteville in 1999. McLaurin was the grower who spent years cultivating and expanding upon her prize-winning collection. When seeking a new home for the camellias after the death of her husband, Fayetteville was chosen as the lucky benefactor. This stroke of fortune is what former Fayetteville Camellia Club president Jack Dewar called “serendipitous.”

“Mary McLaurin’s donations were tremendous,” he said. “We here in Fayetteville were fortunate to receive her beautiful camellias. The club played a big part in this. We



provided the people to get the plants dug up, transplanted and identified. We also bought companion plants and have added more camellias over time.”

The Fayetteville Camellia Club, today with about 50 members, still helps maintain the McLaurin collection and other groupings of camellias around town, including one at Holy Trinity Church on Raeford Road. The 73-year-old group gathers the third Monday of each month, September through May, at a local restaurant, with a dinner option preceding the meeting. The club provides fellowship for people with similar gardening interests, teaches them how to grow and care for camellias, shares informative speakers and demonstrations, and annually hosts the popular camellia show at the Bordeaux Convention Center, scheduled this year for March 2-3. Club president Judy Dewar says the show is always the highlight of the group’s year.

“We have an average of 300 to 1,000 blooms entered each year with people coming to us from up and down the East Coast, from Florida to Virginia,” she said. “We always have a good turnout and have a great time.”

Show entries come from backyard growers with unprotected blooms, and from greenhouse growers who baby their buds a bit more. Prizes are given in these different categories as well as by different species, size, grouping and by experience in growing. Those new to camellias are encouraged to enter the novice class and give the show a shot.

Each year prior to the March event, the club features a session on how to prepare blooms to show. It also provides tips on its website, [www.fayettevillecamellioclub.org](http://www.fayettevillecamellioclub.org). Guests who don’t exhibit at the show can still go see hundreds of beautiful blooms and enjoy other activities, such as the Ikebana exhibit, floral design displays, Japanese

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"Camellias are great for landscaping and add interest in the yard during times of the year when there is not as much interest. They are easy to grow, are low maintenance and are very well suited to the Fayetteville area soil and climate."

tea station, air layering demonstrations, student artwork area and a Q&A time with local garden guru Roger Mercer.

Why Japanese tea? You may be surprised to learn that the camellia hails from Japan and China but it also loves the warm climate of North Carolina too. Our state's five growing zones afford the easy-to-grow camellia a choice menu of temperatures and conditions, offering samplings of morning sun and high-filtered shade, as well as helpings of slightly acidic soil and help for dry feet, or well, those that want to stay dry. Most southern states provide the same, or some superlative of, these conditions, and are therefore good for camellias too. Alabama even touts the camellia as its state flower.

As for the tea, the *Camellia oleifera* species is the source of tea-oil and the *Camellia sinensis* and *Camellia assamica* give us the leaf. The specific variety of the tea plant and the way the leaves are processed after harvesting determine the type of tea that is created. The different teas you love to drink, from English Breakfast black to healthy green, are all made according to the way the leaves are processed after harvesting. Who knew, right?

It may not be a surprise that the most well-known and commonly found species of this evergreen shrub are the *Camellia japonica* and the *Camellia sasanqua* along with many hybrids of the two. Finally, the *Camellia reticulata* is the Yennen camellia.

And since variety is the spice of life, the camellia is also well-seasoned in its color palette. Ranging in hues from soft pinks and snowy whites to fiery red and purple-tinged, camellias cheerfully brighten up the otherwise dull landscape of the fall and winter months when they are in bloom. Some will even bloom into early spring.



With so many positive attributes, it is easy to see why camellias are still in style, at least according to Jesse Brocato, manager of GreenSide Up in Fayetteville.

“We have seen a steady increase in the sale of camellias,” Brocato said. “Camellias are great for landscaping and add interest in the yard during times of the year when there is not as much interest. They are easy to grow, are low maintenance and are very well suited to the Fayetteville area soil and climate.”

If you are now drawn to camellias as bees are to honey, here are some recommended growing tips from the N.C. State Cooperative Extension office to help you get started:

For the planting site, provide partial shade, such as under pine trees, and acidic, moist, well-drained soil that’s high in organic matter.


Plant at the right time of year. In Fayetteville, fall or spring is fine but spring is considered better so that shrubs have the chance to establish a solid root system before cold weather hits.

Because plants are slow to establish, it is best to dig a large hole, three to four times larger than the root ball, to reduce competition for water and nutrients from surrounding trees and shrubs.

After planting, use a 2- to 3-inch layer of mulch to help maintain soil moisture around the plant.

Watering is necessary only for newly planted shrubs or during times of drought.

Feed with an acid-forming azalea or camellia fertilizer in spring, after the flowers have dropped.

With little effort, countless years of blooms from the lovely camellia can be yours. May they make you smile and laugh. 

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# MAKING A DIFFERENCE

## The Women's Giving Circle of Cumberland County

BY CRISSY NEVILLE

It's no accident that the charity-minded Women's Giving Circle of Cumberland County is not a league or a club. It is not a society or a board. The decade-old philanthropic group is a circle. And like a circle, its members are continuous in their giving and contributing to those most in need in our community. Like a circle, they join together to create a bond of empowerment and volunteerism. And fortunately for us in the greater Fayetteville area, both the shape and the nonprofit are seemingly without end.

What is the Women's Giving Circle? By definition, it is a diverse group of local women who pool their financial resources to help fund vital programs that impact the lives

of needy women and children. By demographics, these women are your neighbors, your mothers, your sisters and your friends. They span several generations and represent different walks of life. But most importantly, they are simply local women who saw a need and stepped up to address it.

Created in 2008 with 14 founding members, the giving circle has grown today to a body of 125 members, with membership open to all women in Cumberland County. The circle is under the auspices of the Cumberland Community Foundation, its founder and host agency. Libby Daniel, president of the community foundation's board, explained how the circle got its start.

“The Cumberland Community Foundation tries to be very proactive in looking at community needs and also in finding ways to increase philanthropy,” she said. “In 2004, our director became aware that a number of community foundations in the U.S. had started women’s giving circles and found them successful. The foundation pulled together some volunteers in our area and presented the idea of the giving circle as a concept for Fayetteville. These initial volunteers ran with the idea and, with the backing of the CCF, built the program into what it is today.”

These founding members attended the North Carolina Conference for Women Givers in 2007 and came back with a wealth of knowledge, ready to forge a new path for giving in Cumberland County. These women were Christin Bellian, Mary Lynn Bryan, Patty Collie, Michelle Courie, Alisa Debnam, Laura Devan, Margaret Dickson, Jean Harrison, Lucy Jones, Sarah Moorman, Terri Union, Kaki Van Sickle, Cynthia Wilson and Denise Wyatt. This list has grown over the last decade to 221 cumulative members to date.

Mary Flagg Haugh, the circle’s current chair, was an early member who helped host a “think tank” community breakfast back in 2010 to brainstorm what to do about homelessness in our county. The numbers that year were looming and large: more than 1,000 women and children were counted as homeless. These numbers were tracked then, as well as today, by circle members using data from two major governmental measures of homelessness. The disturbing statistics were made public on the circle’s scorecard, a published document released every other year.

Haugh reflected on the public outcry from the findings.



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“We invited 100 community leaders and organizational heads, and we were astounded to have 87 people show up,” she said. “Our topic was, if money was no issue, what would you spend it on to best help the homeless in Cumberland County? The top recommendation was to open a day resource center and that is how Connections of Cumberland County was born. The nonprofit center became a reality in 2014.”

In addition to starting Connections, the giving circle has instituted many other solutions directly relating to issues impacting homeless women and children in our region. The issues are identified every two years and correlate to updated scorecard findings. These focus areas translate next to grantmaking and have touched on everything from food insecurity and education to health care and cultural enhancement.

Surprisingly, unlike many charitable institutions, the monies granted and invested by the giving circle do not come by way of fundraisers. Instead, each member contributes financially, paying annual dues of \$550. Of that, \$400 goes towards grant fulfillment, \$100 is added to the circle’s endowment, which is managed by the Cumberland Community Foundation, and the remaining \$50 goes to the operating fund. There is also a junior membership so those aged 18-35 can pay a reduced rate: \$275 with \$250 of this going to the grant making and with \$25 used for administration. Each member contributes; hence the group name.

In addition to giving, members can also roll up their sleeves and work on various committees, in leadership

positions and in event planning, if desired. Opportunities abound on the grant, marketing and membership committees, as well as in conducting community research and publishing the biennial scorecard report. The giving circle meets three times a year as a full circle, while committees and leaders meet monthly year-round except during the summer.

The circle’s hard work was recognized in 2015 with a national award. The Spotlight Award for transformational grantmaking was presented to the circle that year by the Women’s Collective Grantworker’s Network national conference.

In 2018, the circle celebrated an important milestone – its ten-year anniversary. Members were lauded along with the \$500,000 in grants their contributions had funded over the years. Thirty-nine total grants were given to 25 different organizations, which helped more than 27,000 local women and children.

Going forward in 2019 and beyond, the circle’s effects will continue to grow – and ripple outward.

Susan Barnes, who manages the circle for the Cumberland Community Foundation, said the group is much more than facts and figures.

“It has been wonderful the way the circle has brought women together to give collectively,” she said. “On top of this, however, is the fact that the circle has educated women about the power of giving and the importance of philanthropy.”

The circle’s focus areas for 2018-2020 are child abuse, foster care, life skills and literacy. The current scorecard

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The circle's hard work was recognized in 2015 with a national award. The Spotlight Award for transformational grantmaking was presented to the circle that year by the Women's Collective Grantworker's Network national conference.

shows that the number of children experiencing child abuse and placed in foster care are higher in Cumberland County than the state as a whole. Likewise, there is a strong need for life-skills training and literacy proficiency. To address these concerns, the circle will issue five grants this year, totaling \$54,570:

Boys and Girls Clubs of Cumberland County, Inc.

*SMART Girls program*

Amount awarded: \$10,000

Boys and Girls Homes of North Carolina, Inc.

*Foster Parent Care – Retention, Certification and Recruiting Event*

Amount awarded: \$8,800

Child Advocacy Center, Inc.

*Individual and Group Trauma Focused Therapy for Child Abuse Victims*

Amount awarded: \$11,811

Connections of Cumberland County, Inc.


*Day Resource Center*

Amount Awarded: \$11,811

Friends of the Cumberland County Public Library

*Story Walk: Improving literacy one step at a time*

Amount awarded: \$12,148

As ever, these programs aim to help homeless and needy women and children in the Fayetteville area. Thus, the circle continues, ever so greatly shaping our county's future. 

# Sullivan's Highland

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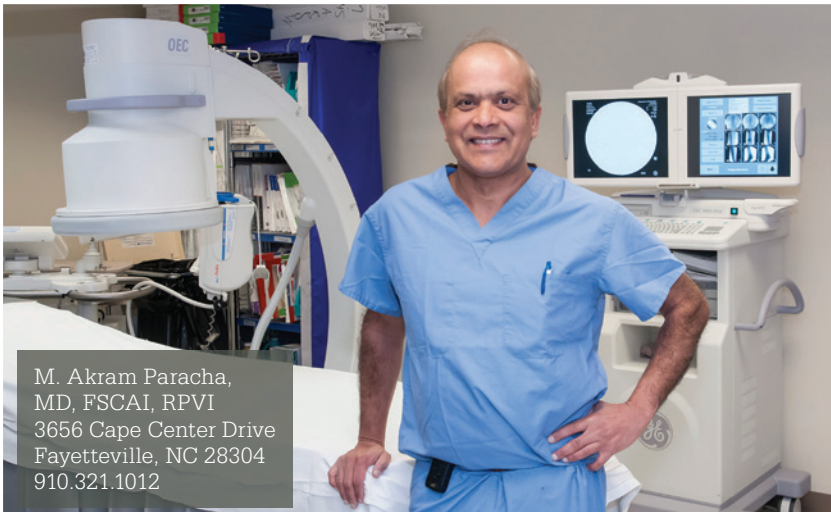



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# THE HEART OF THE MATTER

Hope and healing offered by new procedure at Cape Fear Valley

BY CATHERINE PRITCHARD | PHOTOGRAPHY BY MATTHEW WONDERLY

Nearly two years of planning came to fruition on December 19 at Cape Fear Valley Health's flagship hospital in Fayetteville.

Two elderly patients had faulty heart valves replaced that day through a procedure known as TAVR, or transcatheter aortic valve replacement. Within six hours, both were up and walking with more energy and ability than they'd felt in months or maybe years. The next day, both were able to go home.

"I feel great," 80-year-old Ruby Williams said a month later. "They did a wonderful job."

By adding TAVR procedures to its wide range of heart services, the hospital can now help patients who previously had to travel an hour or more to have it done. It may also

encourage people who need the procedure but delay dealing with it because of the hassle of driving to Raleigh, Durham, Chapel Hill or beyond.

"One of the reasons we wanted to do this here is we didn't want local patients to have to go all that way," said Amol Bahekar, M.D., an interventional cardiologist performing TAVRs at Cape Fear Valley.

But bringing the procedure to the hospital took lots of training and preparation, including setting up and equipping a new state-of-the-art hybrid operating room. Medical staff including Bahekar and Thor Klang, M.D., another interventional cardiologist, underwent months of intensive training.

On December 19, all of that work began to pay off for

people like Williams and 83-year-old Leon Bradford, that day's other TAVR patient.

Both Williams and Bradford suffered from aortic stenosis, a serious disease causing the aortic heart valve to narrow and malfunction. People with aortic stenosis may feel faint, weak and lethargic and may struggle for breath.

The disease can also lead to heart failure.

But open-heart surgery, the standard method for replacing heart valves, is a major invasive operation, requiring patients to stay several days in the hospital and then weeks more of recovery. It can be highly risky for people who are elderly or otherwise frail.

For them, TAVR, a minimally invasive procedure, may be a better option. First performed on a human in 2002 and repeatedly refined since then, TAVR is done by snaking a collapsible valve through a small incision and into an artery and then up into the heart. Once positioned exactly – a determination made with powerful scanning equipment – physicians inflate the valve and anchor it into place. When it starts working, they remove the flexible catheter tube used to carry the valve and they close the incision.

The procedure lasts an hour or two but is itself prefaced by extensive testing and research to make sure it would be appropriate for the patient. Cape Fear Valley uses a team of medical professionals and a multidisciplinary approach to handle TAVR patients. Tonya Carter, MSN, NP-C, and Sommer Royal-Smith, RN, CCCC, are the dual coordinators of the TAVR program and help patients

Opposite: Dr. Amol Bahekar with patient Ruby Williams

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Above: Physicians Amol Bahekar, Ali Husain, Robert Maughan and Thor Klang stand in the new state-of-the-art hybrid operating room at Cape Fear Valley. Bahekar and Klang are interventional cardiologists; Husain and Maughan are cardiothoracic surgeons.

Below: Leon "Mr. Pete" Bradford talks with Sommer Royal-Smith



through every step of the process, from initial visits to follow-up checkups.

Bradford, a part-time hog farm worker, said he was constantly short of breath before undergoing the TAVR procedure. He was also chalk-white and lethargic.

"I was working but I kind of had to take my time," he said. "It got to the point that if I was rinsing down a 100-foot hog house, I'd have to stop three or four times to rest. Or I could walk out in our back yard to the fence and back and I would just be out of breath. I didn't have enough energy to do anything."

He'd known for years that he'd eventually need his heart valve to be replaced. Last fall, his doctors said it needed to happen soon. They told him he could go to Raleigh to have it done or wait a few weeks for Cape Fear Valley's new program to open, but no longer than that.

"I didn't want my wife up there in that Raleigh traffic," he said. He became Cape Fear Valley's first TAVR patient on December 19.

A few hours after the procedure, nurses got him up and walking. "I could tell the difference in my breathing right then," he said. He wasn't struggling for breath. And color was back in his face. Bradford now laughs and talks easily and takes daily walks around his neighborhood. He said he plans to quit hog farm work and pursue a new job – as a Walmart greeter.

Before her valve replacement, Williams also struggled – though she'd thought her shortness of breath, weakness and occasional fainting spells were just part of aging. When her older brother died of a heart attack, she had her heart checked and was shocked to learn she also had serious cardiac problems.



Since the TAVR procedure, she said she feels much better. She climbs the stairs to her apartment without having to stop to catch her breath, no longer huffs and puffs as she walks from her car to her church and hasn't felt light-headed or faint.

Cape Fear Valley expects to start out handling 20-25 TAVR patients each year. But Bahekar and Klang expect that number to grow over time. It's now a possible treatment

option for patients who are at intermediate risk and high risk for open-heart surgery. But studies are being done on whether TAVR is a good option for low-risk patients. Both physicians believe the procedure will eventually be an important option for those patients as well.

"Eventually, when the data comes out, I think it will be the normal thing," Bahekar said. "I think it's the future of valve replacement." <sup>CV</sup>

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## INSIDE FAYETTEVILLE

TEXT "EVENTS" TO 88000 TO STAY UPDATED ON ALL LOCAL EVENTS



March 8

**MARCH 8, 7:30 P.M.**

**A Night with the Masters**

*Snyder Memorial Baptist Church*

The Cumberland Oratorio Singers will perform works by Mozart, Schubert and Brahms. This is the third of four concerts this season by the classical chorale society, which includes a diverse and talented group of singers. For information, check [singwithcos.org](http://singwithcos.org).

**MARCH 9, 7:30 P.M.**

**FSO, March!**

*Huff Concert Hall*

You'll hear a tribute to the Armed Forces at this concert by the Fayetteville Symphony Orchestra. Pieces to be performed include Barber's Adagio for Strings, music from the movie *The Patriot* and Tchaikovsky's 1812 Overture. Members of the symphony's youth orchestra will also perform. For information, check [fayettevillesymphony.org](http://fayettevillesymphony.org).

**MARCH 11, 7:30 P.M.**

**Sleeping Beauty**

*Givens Performing Arts Center*

More than 50 dancers with the Russian National Ballet will perform this classic fairy tale about a princess who falls asleep for 100 years after being cursed by a witch. A young man's kiss finally breaks the spell. For information, check [uncp.edu/gpac](http://uncp.edu/gpac).



March 15

**MARCH 14, 6 P.M.**

**Spring into Fashion Show**

*Studio 215*

This event by Lallier Event Design and Dressed + Blessed will feature beautiful clothing from several local boutiques, as well as shopping, snacks, drinks and raffles. All proceeds will be donated to Family Promise of Fayetteville, which helps homeless families. For information, check [springintofashionfay.com](http://springintofashionfay.com).

**MARCH 15, 7:30 P.M.**

**The O'Jays**

*Crown Theater*

Catch the "Love Train" so you can hear this hit and others by the O'Jays, who racked up hit after hit in the '70s and '80s. Others include "Back Stabbers," "Livin' for the Weekend" and "Use ta Be My Girl." For information, check [community-concerts.com](http://community-concerts.com).

**MARCH 15, 7:30 P.M.**

**Carlos Castilla**

*Matthews Ministry Center*

Castilla, a classical guitarist, will perform as part of the Friends of Music Guest Artist Series at the center on the campus of Methodist University. Castilla teaches at Fayetteville State, N.C. State and Coastal Carolina Community College and runs his private studio. For information, check [Methodist.edu/music-calendar](http://Methodist.edu/music-calendar).



March 20

**MARCH 16, 6 P.M.**

**The Soiree**

*Crown Arena*

Ready to dress up and party down? Check out the Partnership for Children's annual Soiree, which is a good time that puts the fun in fundraiser. This year's theme is Totally Awesome '80s Mix, which covers lots of musical styles. For information, check [ccpfc.org](http://ccpfc.org).

**MARCH 16, 7:30 P.M.**

**Najee**

*Seabrook Auditorium*

This jazz saxophonist and flautist has performed for presidents, collaborated with big stars, earned a Grammy nomination, and made a host of records, including two that went platinum and four that went gold. He'll play at Fayetteville State University as part of the school's Seabrook Performance Series. For information, check [uncfsu.edu/community/seabrook](http://uncfsu.edu/community/seabrook).

**MARCH 20, 7:30 P.M.**

**Red Hot Chilli Pipers**

*Givens Performing Arts Center*

This is not the famous rock band with a very similar name. Instead, it's "the most famous bagpipe band on the planet." Performing at UNC-Pembroke, the band will play guitars, keyboards, drums and, of course, bagpipes. For information, check [uncp.edu/gpac](http://uncp.edu/gpac).



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Carolina League Southern Division



### April

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4 POT	5 POT	6 POT
7 POT	8 FRE	9 FRE	10 FRE	11 MB	12 MB	13 MB
14 MB	15 CAR	16 CAR	17 CAR	18 CAR 7 PM	19 CAR 7 PM	20 CAR 5 PM
21 CAR 2 PM	22	23 FRE 7 PM	24 FRE 7 PM	25 FRE 7 PM	26 DE	27 DE
28 DE	29 LYN 7 PM	30 LYN 7 PM				

### May

SUN	MON	TUE	WED	THU	FRI	SAT
			1 LYN 7 PM	2 LYN 7 PM	3 DE 7 PM	4 DE 5 PM
5 DE 2 PM	6	7 CAR	8 CAR	9 CAR	10 FRE	11 FRE
12 FRE	13 SAL 7 PM	14 SAL 7 PM	15 SAL 7 PM	16 SAL 7 PM	17 CAR 7 PM	18 CAR 5 PM
19 CAR 2 PM	20 WS	21 WS	22 WS	23 WS	24 LYN	25 LYN
26 LYN	27 LYN	28	29 WIL 7 PM	30 WIL 7 PM	31 WIL 7 PM	

### June

SUN	MON	TUE	WED	THU	FRI	SAT
						1 WIL 5 PM
2 WS 2 PM	3 WS 7 PM	4 WS 7 PM	5	6 WIL	7 WIL	8 WIL
9 WIL	10 MB 7 PM	11 MB 7 PM	12 MB 7 PM	13 POT 7 PM	14 POT 7 PM	15 POT 6 PM
16 POT 6 PM	17	18	19	20 MB	21 MB	22 MB
23 MB	24 SAL	25 SAL	26 SAL	27 MB 7 PM	28 MB 7 PM	29 MB 6 PM
30 MB 6 PM						

### July

SUN	MON	TUE	WED	THU	FRI	SAT
	1 SAL 7 PM	2 SAL 7 PM	3 SAL 7 PM	4 WS	5 WS	6 WS
7 POT	8 POT	9 POT	10 WS 7 PM	11 WS 7 PM	12 WS 7 PM	13 POT 6 PM
14 POT 6 PM	15 POT 7 PM	16	17 LYN	18 LYN	19 LYN	20 POT
21 POT	22 POT	23 LYN 7 PM	24 LYN 7 PM	25 LYN 7 PM	26 CAR 7 PM	27 CAR 6 PM
28 CAR 6 PM	29	30 WIL	31 WIL			

### August

SUN	MON	TUE	WED	THU	FRI	SAT
				1 WIL	2 MB 7 PM	3 MB 6 PM
4 MB 6 PM	5	6 WIL 7 PM	7 WIL 7 PM	8 WIL 7 PM	9 WS	10 WS
11 WS	12	13 DE 7 PM	14 DE 7 PM	15 DE 7 PM	16 FRE	17 FRE
18 FRE	19	20 DE	21 DE	22 DE	23 FRE 7 PM	24 FRE 6 PM
25 FRE 6 PM	26 CAR	27 CAR	28 CAR	29 CAR	30 DE 7 PM	31 DE 6 PM

### September

SUN	MON	TUE	WED	THU	FRI	SAT
1 DE 6 PM	2 DE 7 PM	3	4	5	6	7

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## INSIDE FAYETTEVILLE

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March 22

**MARCH 22, 6-10 P.M.**

**Fourth Friday**

*Downtown Fayetteville*

March forth (not March 4th) to downtown Fayetteville. Why? It's Fourth Friday and that's never not a fun time. You can check out works by local artists, buy books, take in a movie, browse shops, enjoy a leisurely dinner or drink or just wander. For information, check [visitdowntownfayetteville.com](http://visitdowntownfayetteville.com).

**MARCH 22, 7 P.M.**

**Walk A While in Her Shoes**

*Downtown Fayetteville*

It's always fun to join a crowd of good-natured men as they teeter through downtown in bright red women's shoes for this annual event that raises funds and awareness for the Rape Crisis Volunteers of Cumberland County. For information, check [facebook.com/walkawhilefayetteville](https://facebook.com/walkawhilefayetteville).

**MARCH 23, 8 A.M. - 4 P.M.**

**Cumberland County Master Gardener Gardening Symposium**

*Ramada Plaza*

Speakers will include Tony Avent, an internationally known horticulturist and owner of Plant Delights Nursery, and Carol Reese, a horticulture specialist at the University of Tennessee. This event is hosted by the Cumberland County Master Gardeners Association. For information, check [cumberland.ces.ncsu.edu](http://cumberland.ces.ncsu.edu).



April 4

**MARCH 23, 6-10 P.M.**

**Ultimate Lip Sync Showdown**

*Crown Ballroom*

You don't have to be Milli Vanilli to appreciate this fundraiser for the Child Advocacy Center. Local teams lip-sync their favorite songs and perform. Funds benefit the center, which helps abused children and raises awareness of the problem. For information, check [cacfaync.org](http://cacfaync.org).

**MARCH 24, 7 A.M.**

**All American Marathon**

*Fayetteville*

Run 26.2 miles to complete the All American, 13.1 miles if you prefer the Mike to Mike Half Marathon or feel great doing the All American 5K race. The two longer races start in downtown Fayetteville and end at different spots on Fort Bragg. The 5k is on Fort Bragg. For information, check [bragg.armymwr.com](http://bragg.armymwr.com).

**APRIL 4, 7:30 P.M.**

**America**

*Crown Theater*

Known for a host of hits, including "Sister Golden Hair," "A Horse with No Name" and "I Need You," the band America will close out this season of Community Concerts. Its lineup includes two of its three founding members. For information, check [community-concerts.com](http://community-concerts.com).



April 6

**APRIL 4-21**

**The Cake**

*Cape Fear Regional Theatre*

When her best friend's daughter returns to town with a special order for her wedding, Della takes on her biggest challenge yet: what does she believe? Faith and family collide in this a modern comedy. For information, check [cfrt.org](http://cfrt.org).

**APRIL 5-21**

**The Lion, the Witch and the Wardrobe**

*Gilbert Theater*

Narnia will come to Fayetteville through this C.S. Lewis tale about a land of talking animals and mythical creatures and the four British children who find themselves magically transported there. With Aslan the lion and the White Witch, this is a story of love, faith, courage and giving. For information, check [gilberttheater.com](http://gilberttheater.com).

**APRIL 6, 11 A.M. - 5 P.M.**

**Dog Day at the Garden**

*Cape Fear Botanical Garden*

Bring friends and family, including your dogs, to this event. You can learn about the work of the Fayetteville Animal Protection Society, check out dog-related vendors, shop and wander around. For information, check [capefearbg.org](http://capefearbg.org).

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FAYETTEVILLE  
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saturday, April 27

7pm

**COREY SMITH**

9pm



Friday, April 26

7pm opening ceremony

9pm **The Pharcyde**

10pm **TONE-LOC**

sunday, April 28

**RUMOURS** 7:30pm



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# Affair to Remember Fashion Show

PHOTOGRAPHY BY MATTHEW WONDERLY

An Affair to Remember held its annual fashion show extravaganza on Jan. 12 at the Crown Expo Center. Entitled “You’re More Than A Pretty Face,” the show featured local “women of power” from many walks of life.



On the runway; Ruthie Dent & Caitlin Evans; taking a turn; Jane Faucette, Brooke Riccadi and Donna Walker



Betsy Murray, Sherri Broglin and Lisa Bowman; Xan Allen and Rhonda Merritt-Quador; Caroline and Sylvia Credle; Lynn Morehouse



Sharon Moyer, Toni King, Malia Allen and Arianna Bannerman; Kathy Jensen and Lauren Neville; On the runway; Karen McDonald

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# Robert Burns Night

PHOTOGRAPHY BY MATTHEW WONDERLY

The Cape Fear Valley Scottish Clans held its annual Robert Burns Night on Jan. 19 at Gates Four Country Club. The evening included bagpipers, Highland dancing and the traditional recitation of the Burns poem "Address to a Haggis," which, as ever, was read to an actual haggis.



Chase Adams; Veronika and Corey Surber, London Emmons; Chef Patrick Reilly with the haggis



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Tony Duffer; Frances and Paul Monroe; Sandy and Kelly Rosser, Marianne O'Loane; Steve and Anne McRae

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# CFVH Annual Gala

PHOTOGRAPHY BY MATTHEW WONDERLY

The Cape Fear Valley Health Foundation held its annual Gala at Highland Country Club on Jan. 26. The elegant event helped raise funds for the nonprofit organization, which supports Cape Fear Valley Health.



Julia Gilmore, Wesley Meredith, Morgan Williford, Warren McDonald, Sharon and Mike Williford; Murray and Nancy Duggins, Dickson and Emily Schaefer



Michael Nagowski; Richard and Ann Anglin; Dianna and Pat Nobles



Tereza and Suren Paravyan; Bill and Susie McFadyen, Mary Jon and Josh Barkman; Susan George and Mark Pezzella



Amanda and Mark Williams; Pat Jones and Dee Dee Hedgepeth; Duke and Kelly Matsuyama; Darryl and Lisa Scales

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# Friendship Luncheon

PHOTOGRAPHY BY MATTHEW WONDERLY

The Fayetteville Chapter of The Links, Inc., hosted its 24th annual Friendship Luncheon on Feb. 2 at the Iron Mike Conference Center. Attendees were encouraged to wear red in recognition of the American Heart Association's "Go Red for Women" campaign to end heart disease and stroke in women.



Patricia Timmons-Goodson; Melanie Shorter Cooper and Tamar Foster; Carlitta Moore, Erika Harris and Beth Pryor; Lisa Scales and Jennifer Bledsole



Tonia Bonner, Daisha Colvin and Mya Colvin; La-Lisa Hewett-Robinson and Bertina Parkins; Kathy Jensen and Gladys Hill; Marye Jeffries and Gina Hawkins





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**Boys & Girls ages 4-15, \$170** : Building self-esteem along with confidence on the ball through positive instruction in a fun and challenging environment.

### **ELITE TRAINING CAMP:** July 15-19

**Boys & Girls ages 10-18, \$200** : For advanced soccer players, the camp will focus on the 5 P's: Positioning, Possession, Passing, Penetration and Pressing.

### **ADVANCED BASKETBALL ACADEMY:** June 17-21, July 22-26

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- 2 **Preserve at Lake Upchurch** ~ from the \$270's
- 3 **Highcroft** ~ from the \$210's
- 4 **Woodmark at Harris Place** ~ from the \$150's
- 5 **Valley End** ~ from the \$230's
- 6 **Winwood Oaks** ~ from the \$160's
- 7 **Park View** ~ from the \$240's
- 8 **PearTree West** ~ from the \$230's
- 9 **Roslin Farms West** ~ from the \$230's
- 10 **Eastover North** ~ from the \$240's
- 11 **Palestine Point** ~ from the \$230's
- 12 **Riverwood** ~ from the \$250's

## HARNETT COUNTY

- 13 **Lexington Plantation** ~ from the \$210's
- 14 **Highgrove** ~ from the \$160's
- 15 **Cooper's Creek** ~ from the \$220's
- 16 **Anderson Creek Club Academy** ~ from the \$310's
- 17 **Anderson Creek Club Carriage Hill** ~ from the \$310's
- 18 **Anderson Creek Club Carriage Glen** ~ from the \$240's
- 17 **Anderson Creek Crossing** ~ from the \$230's
- 18 **Oakmont** ~ from the \$200's
- 19 **Woodshire** ~ from the \$170's

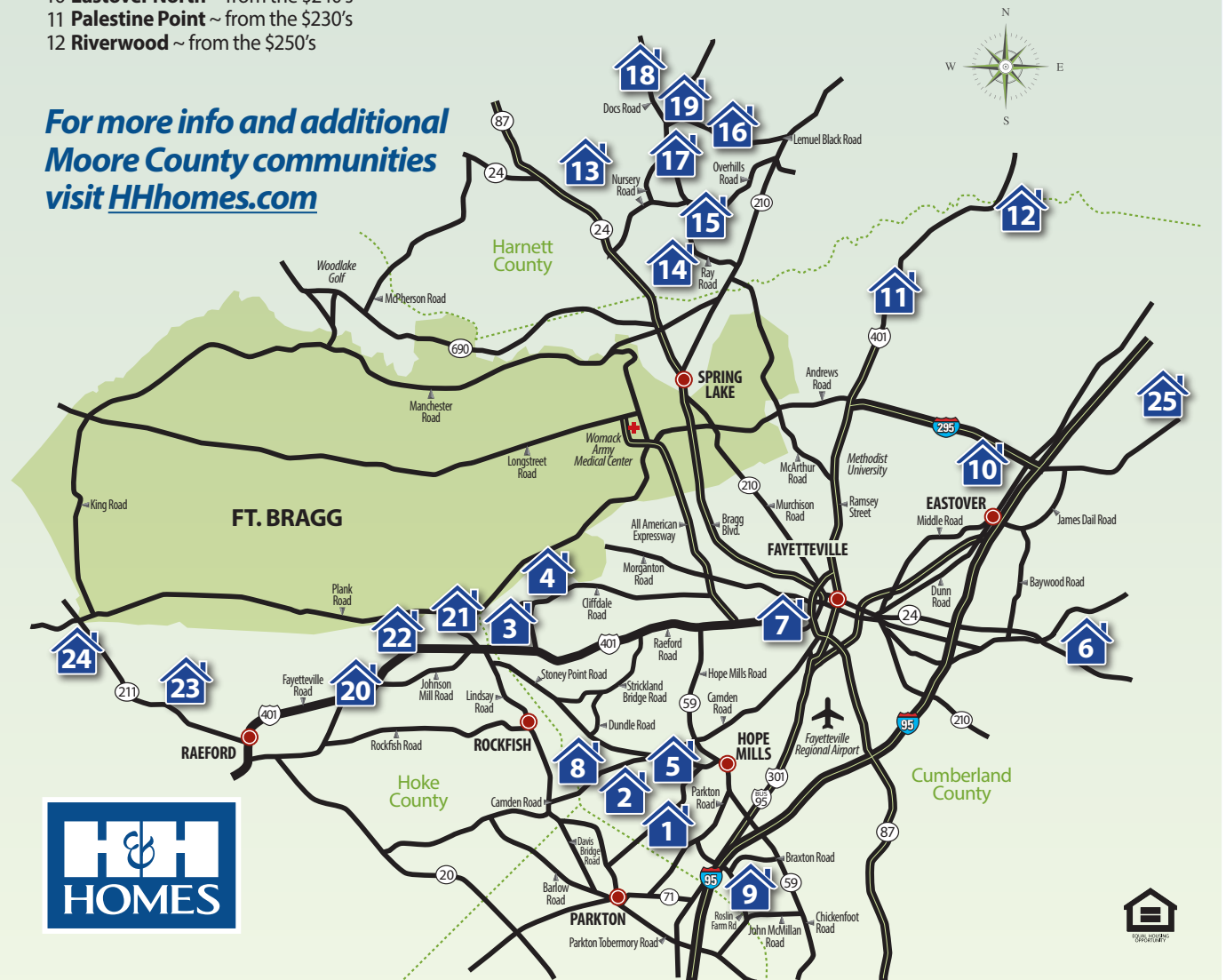
## HOKE COUNTY

- 20 **Turnberry** ~ from the \$250's
- 21 **Wedgfield** ~ from the \$230's
- 22 **Bedford**  
  - The Midlands** ~ from the \$230's
  - The Highlands** ~ from the \$270's
- 23 **Steeplechase at McCain** ~ from the \$250's
- 24 **Charlotte Pines** ~ from the \$200's

## SAMPSON COUNTY

- 25 **Mill Ridge** ~ from the \$210's

For more info and additional Moore County communities visit [HHhomes.com](http://HHhomes.com)





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